



SCHOOL WELLNESS COMMITTEE MEETING

THURSDAY, SEPTEMBER 19, 2024

3:30-4:30 PM

LAVEEN EDUCATION CENTER

ROOM 144C

CHAIR: JENNIFER GORDON, MPH, BS-NDTR, RS, SNS

CO-CHAIR: KATIE CHRISTOPHER, PSM, RDN



MEETING AGENDA

- WELCOME & BRIEF INTRODUCTIONS (5 MIN)
- WHAT IS A WELLNESS COMMITTEE? (10 MIN)
- RECAP OF PREVIOUS SCHOOL WELLNESS COMMITTEE WORK AND ACCOMPLISHMENTS (20 MIN)
- GOAL SETTING (15 MIN)
- UPCOMING MEETINGS DISCUSSION (10 MIN)

Wellness Committee Members 2024-2025

Katie Christopher, Co-Chair – LEC (Dietitian/Nutritionist)	Jennifer Gordon, Chair – LEC (Child Nutrition Director)	Brittney Downs – Cheatham (Instructional Coach)	Abby Storkel – Rogers Ranch (Counselor)
Erica Hair – Vista del Sur (Counselor)	Kendra Ofili – Paseo Pointe (Counselor)	Aldo Robles – EFGA (PE Teacher & Athletic Director)	Breanna Lewis – Desert Meadows (Kindergarten Teacher)
Guari Neisch – Trailside Point (Cafeteria Manager)	Sara Contreras – Rogers Ranch (Cafeteria Manager)	Christopher Madrid – Laveen El (Cafeteria Manager)	Diana Morales – EFGA/Cheatham/TSP (District Nurse)
Arianna Araiza – RR/Cash/VDS (District Nurse)	Shanice Ayon – Laveen/PP/DM (District Nurse)	Ericka Rios – Laveen El (Health Associate)	

Interested in joining? Please contact Katie Christopher at kchristopher@laveeneld.org