



School Wellness Committee Meeting Minutes

Date of Meeting: Thursday, September 19th, 2024

Time: 3:30 pm – 4:30 pm

Location: Room 144C

Attendees: Jennifer Gordon, Katie Christopher, Maria “Guari” Neisch, Sara Contreras, Breanna Lewis, Abby Storkel, Brittney Downs, Aldo Robles, Kala Benzini, Andre’ Billman, Kendra Ofili

Led by: Jennifer Gordon

Notes

- The committee assembled for the first time for the 2024-2025 school year.
- Jennifer Gordon, Chair, presented on the following (See presentation attached):
 - Reviewed last year’s accomplishments including the following:
 - Triennial Assessment completion
 - Received input from PE teachers through a PE teacher meeting and survey.
 - America’s Healthiest School Award applications
 - Applied at 4 schools
 - America’s Healthiest Schools Award Recap
 - 3 schools awarded
 - See presentation attached
 - Local Wellness Policy
 - This is currently on our website, but needs updating.
 - This is accompanied by the supplemental document that highlights different areas of wellness within the Laveen ESD.
 - Upcoming School Year Goals
 - Using the America’s Healthiest School Awards to shape district initiatives.
 - More nutrition education at schools.
 - More information distributed to schools about policy related to Healthy Fundraisers.
- Current Progress:
 - Will discuss Healthy Fundraising at next meeting.
 - Nutrition lessons from interns to PE classes at EFGA are in the works.
- Questions/Concerns/Thoughts:
 - Would like to have more parent/student roles
 - Would like more teachers on committee
- Next meeting: Please fill out Doodle Poll here:
<https://doodle.com/meeting/participate/id/bo793WLb>