

## SCHOOL WELLNESS COMMITTEE MEETING



## MONDAY, SEPTEMBER 9TH, 2019

4:00-5:00 PM

# LAVEEN EDUCATION CENTER

**ROOM 144C** 

CHAIR: BETHANY HULTSTRAND, RDN

# MEETING AGENDA

- WELCOME! AND INTRODUCTIONS (5 MIN)
- BRIEF SUMMARY OF PREVIOUS SCHOOL YEAR (10 MIN)
- WELLNESS POLICY TEMPLATE (30 MIN)
  - REVIEW AS A GROUP FOR ANY CHANGES, ADDITIONS, AND/OR REMOVALS
- UPDATES & ACCOMPLISHMENTS (10 MIN)
  - O A LA CARTE SOY MILK, HUMMUS PACK, PICO DE GALLO
  - O LIFETIME FOUNDATION PARTNERSHIP
  - AFTER SCHOOL MEALS PROGRAM
  - FACEBOOK PAGE
- NEXT MEETING: BEGINNING/MID OCTOBER
  - IMPLEMENTATION, MONITORING, ACCOUNTABILITY AND NOTIFICATION

#### **Wellness Committee Members 2019-2020**

Bethany Hultstrand, Chair –	Jennifer Gordon –	Bianca Altamirano –	Cristin Allen –
LEC	LEC	LEC	Vista Del Sur
(Dietitian/Nutritionist)	(Food Service Director)	(Benefits Specialist)	(5 <sup>th</sup> Grade Teacher)
Matt Epacs –	Austin Knolles –	Julia Mister –	Andrew Hudgins –
MC Cash	Trailside Point	Paseo Pointe	Rogers Ranch
(PE Teacher)	(Kindergarten Teacher)	(5 <sup>th</sup> Grade Teacher)	(Instructional Coach)
Robert Harrison –	Kristi Mollner –	Gavin Tucker –	Jaclyn Morales –
Paseo Pointe	MCDPH	Laveen	Laveen
(PE Teacher)	(Community Dietitian)	(8 <sup>th</sup> Grade Teacher)	(Volunteer)
LaVisa Johnson –	Jennifer Burnap –		
Cheatham	Desert Meadows		
(PE Teacher)	(5 <sup>th</sup> Grade Teacher)		

Interested in joining? Please contact Bethany Hultstrand at bhultstrand@laveeneld.org