

School Wellness Committee Meeting Minutes

Date of Meeting: Tuesday, October 1st, 2019

Time: 4:15 pm – 5:15 pm

Location: Laveen Education Center, Room 144C

Attendees: Austin Knolles, Matt Epacs, Gregg Carroll, Jennifer Burnap, Jennifer Gordon, Bethany Hultstrand

Led by: Bethany Hultstrand & Jennifer Gordon

Notes

- The committee assembled for the second time for the 2019-2020 school year.
 - Gregg Carroll, PE teacher, is the new representative for Vista del Sur.
- Committee continued to review the Local Wellness Policy template, a summary of the decisions made for the district utilizing the ADE Assessment Tool from the previous school year.
 - Wellness policy goals, physical activity standards, and nutrition standards were all reviewed and agreed upon.
 - Further investigation in progress for definition of 'infrequent' and 'short' food-related fundraisers according to ADE.
- Agenda for November meeting: how the committee will be responsible for compliance, implementing, monitoring, and notifying the public about the Local Wellness Policy.
- Questions/discussions/thoughts:
 - Discussion regarding special meals on campus such as Student of the Month or outdoor BBQs: Child Nutrition Department can purchase food for such events; ensures nutrition compliance and is more cost effective.
- Next meeting: early/mid November